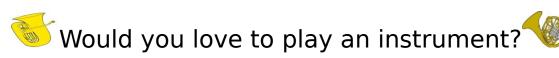




## Played once or never at all?



Then come join the <u>"Creston Beginner Concert</u> <u>Band"</u>. A program designed for the 'more mature' folks who would love to give it a try. You're never too old to learn.



Stimulate your brain, use those muscles and improve your memory all while having fun, learning something new, and making beautiful music together.



<u>Come Join Us !</u>

Where: PCSS Band Room

When: Every Wednesday

<u>Time:</u> **4 to 5pm** 

For more information please visit our website: <u>www.mellowood.ca/music/bband</u>

or call Bob van der Poel at (250) 866-5772.